

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
29	30 6:45-7:45 am Zazen ----- 7-9 pm Zazen and Tai Chi	31 6:45-7:45 am Zazen ----- 7-9 pm Zazen	1 6:45-7:45 am Zazen ----- 6:45-9 pm Introduction to Zen Meditation and Zazen	2 6:45-7:45 am Zazen ----- 7-9 pm Zazen	3 9:30 am Morning Service ----- 2-4:30 pm Lecture in Japanese on Shin Buddhism, and Seiza Meditation	4 3:30-5 pm Seiza Meditation
5	6 6:45-7:45 am Zazen ----- 7-9 pm Zazen and Tai Chi	7 6:45-7:45 am Zazen ----- 7-9 pm Zazen	8 6:45-7:45 am Zazen ----- 6:45-9 pm Introduction to Zen Meditation and Zazen	9 6:45-7:45 am Zazen ----- 7-9 pm Zazen	10 9:30 am Morning Service ----- 2-4:30 pm Lecture in Japanese on Shin Buddhism, and Seiza Meditation	11 3:30-5 pm Seiza Meditation
12 7-9:30 pm Lecture on Shin Buddhism, and Seiza Meditation	13 6:45-7:45 am Zazen ----- 7-9 pm Zazen and Tai Chi	14 6:45-7:45 am Zazen	15 6:45-7:45 am Zazen ----- 6:45-9 pm Introduction to Zen Meditation and Zazen	16 6:45-7:45 am Zazen ----- 7-9 pm Zazen	17 8:00 am Morning Service ----- Parinirvana All-Day Sit with Ryoju John Lynch 8 am – 6 pm	18
19	20 6:45-7:45 am Zazen ----- 7-9 pm Zazen and Tai Chi	21 6:45-7:45 am Zazen ----- 7-9 pm Zazen	22 6:45-7:45 am Zazen ----- 6:45-9 pm Introduction to Zen Meditation and Teisho by Junryu Roshi	23 6:45-7:45 am Zazen ----- 7 pm Dharma Talk by Rev. Michael Conway	24 9:30 am Morning Service ----- 3-5:30 pm Lecture in Japanese on Shin Buddhism, and Seiza Meditation	25



FEBRUARY CALENDAR

INTRODUCTION TO ZEN MEDITATION, every Thursday, 6:45-9 p.m. Instruction in Zen meditation followed by a period of meditation, and tea and discussion. No reservation is necessary.

MORNING SERVICE, Saturday mornings at 9:30 a.m. (Feb. 17 at 8.) Full morning service followed by a period of zazen, tea and temple cleaning.

PARINIRVANA ALL-DAY SIT, Sat February 17 Ryoju John Lynch will lead this sesshin, which commemorates Shakyamuni Buddha's final entrance into Nirvana, and will offer practice interviews and a Dharma talk. Formal lunch will be served. A suggested donation of \$30 for members or \$40 for others is appreciated. Register on line at zenstudies.org.

DHARMA TALK BY REV. MICHAEL CONWAY Friday, February 23; *Separate but One: D. T. Suzuki's Presentation of the Myōkōnin and*

Japanese Religious Sensibility. D. T. Suzuki is famous in the West for his introduction of Zen Buddhism in English, but toward the end of his life he grew interested in Shin Buddhism. In the mid-1940s, Suzuki wrote several works in which he argued that the *myōkōnin*, unlettered but insightful followers of Shin Buddhism, were the pinnacle of Japanese religious sensibility. This talk introduces the major features of Suzuki's presentation of these figures as individuals with profound awareness of the Buddhist truth.

Rev. Conway is currently a lecturer in the Shin Buddhist Studies Department at Otani University in Kyoto. Before that, he was the managing editor of *The Eastern Buddhist*, a journal that was founded by D. T. Suzuki and others in 1921.

INSTRUCTION AND TEISHO BY ERAN JUNRYU VARDI ROSHI ON FEBRUARY 22 At the invitation of Shinge Roshi, Junryu Roshi teaches at NYZ once a month. He is the founder of Eiryu-ji Zen Center, and is a Dharma teacher in the lineage of Taizan Maezumi Roshi, a member of the White Plum Sangha, and a 6th Dan teacher of Aikido, Shido-in. He is available for individual practice interviews and for assistance with physical

sitting issues from 5 p.m. Email or call the office if you would like to meet with him. Beginners' instruction, and zazen for those who do not attend the instruction, begin at 6:45.

SEIZA MEDITATION AND DHARMA TALKS ON SHIN BUDDHISM - Rev. Miki Nakura, of Higashi Hongan-ji temple in Kyoto, and the Jodo-Shinshu Shin Buddhist New York Sangha, will lead a seiza meditation and give a Dharma talk in Japanese on Shin Buddhism on February 10, 2-4:30 p.m. and 24, 3-5:30 p.m.; lead a seiza meditation and give a talk in English on February 12, 7-9:30 p.m.; and lead a longer seiza meditation on February 4 and 11, 3:30-5 p.m.

Long-term practitioners who are students of Shinge Roshi are available for informal meetings to discuss questions about Zen Buddhist practice, or just to offer encouraging words. If you would like to arrange a meeting, please contact the office.

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